



Extendicare Guildwood

At Extendicare Guildwood, we understand that each resident's quality of life depends on an approach to care that combines input from residents and family members with individual assessments from a team of trained caregivers. This approach ensures support and care are tailored to meet the needs of each unique individual.

Our caring and dedicated staff includes registered nurses, registered practical nurses, a dietitian, a social worker, physiotherapists, healthcare aides, personal support workers, restorative care aides, housekeeping and laundry aides, recreation aides, cooks, dietary aides, and a volunteer lay pastor. Three community physicians complement our in-house staff. An experienced administrative team supports our healthcare staff. We have a highly participative Community and Family Advisory Board and many active volunteers.

Our newly renovated, single-storey home has peaked, wooden ceilings which contribute to a feeling of warmth and intimacy. Extendicare Guildwood has 15 private rooms, 43 semi-private rooms and 30 standard accommodation rooms. It's small enough to be intimate but large enough to provide a wide range of programs and services. Residents are encouraged to bring bedspreads, pictures or knickknacks to personalize their rooms.

A home environment needs to be safe to feel secure. So, at Extendicare Guildwood there are call bells at each bed, in each washroom, and in all tub rooms. Our building is equipped with heat and smoke detectors, a sprinkler system and a two-stage fire alarm system with pull stations. For the safety of residents with Alzheimer's or related dementias, a wander prevention system allows for their movement within our home but alerts staff if they wander near the main entrance doors.

Our home features:

- Two newly renovated “spas” for bathing;
- A fully-enclosed courtyard and rose gardens illuminated at night;
- A celebration dining room for private gatherings of families and friends;
- A relaxing fireside lounge;
- An enclosed, ventilated smoking room;
- An activity room;
- A Toronto transit stop at the front door, and
- A physiotherapy room for treatments.

Our programs and services include:

- A holistic approach to individualized therapy programs;
- Comprehensive and restorative exercise programs;
- Frequent family and resident special events;
- Optometry, dental and podiatry clinics;
- Resident and family support groups;
- Regular outings to points of interest, and
- A specialized focus on Parkinson's care.

Extendicare Guildwood is well known for its “Caring Hands” philosophy.

Exceptional Quality

The Canadian Council on Health Services Accreditation accredits Extendicare Guildwood. We voluntarily participate in this accreditation process and make our results publicly available to send a clear message that we strongly believe in our ability to deliver the highest quality care, support and services.

EXTENDICARE

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