

Week At a Glance Menu: FALL/WINTER 2008/2009

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	FRUIT JUICE HOT CEREAL <u>OR</u> COLD CEREAL WAFFLES/SYRUP <u>OR</u> TOAST/MARGARINE BOILED EGG	FRUIT JUICE HOT CEREAL <u>OR</u> COLD CEREAL TOAST/MARGARINE JAM/JELLY SCRAMBLED EGGS	FRUIT JUICE HOT CEREAL <u>OR</u> COLD CEREAL TOAST/MARGARINE JAM/JELLY POACHED EGG	FRUIT JUICE HOT CEREAL <u>OR</u> COLD CEREAL PANCAKES & SYRUP <u>OR</u> TOAST/JAM/JELLY SCRAMBLED EGGS	FRUIT JUICE HOT CEREAL <u>OR</u> COLD CEREAL TOAST/MARGARINE JAM/JELLY BOILED EGG	FRUIT JUICE HOT CEREAL <u>OR</u> COLD CEREAL TOAST/MARGARINE JAM/JELLY FRIED EGG	FRUIT JUICE HOT CEREAL <u>OR</u> COLD CEREAL TOAST/MARGARINE JAM/JELLY POACHED EGG/BACON
LUNCH	BEEF BARLEY SOUP HAM & CHEESE OMELETTE PEAS & CARROTS RAISIN BREAD STEWED APPLES	CHICKEN VEGETABLE SOUP BLUEBERRY PANCAKES SYRUP BREAKFAST SAUSAGE JELLIED FRUIT	MINISTRONE SOUP SALMON SANDWICH CHERRY TOMATO & POTATO CHIPS ICE CREAM	BEEF NOODLE SOUP BROCCOLI & CHEESE QUICHE JULIENNE CARROTS ORANGE FROST	CREAM OF TOMATO SOUP GRILLED CHEESE SANDWICH PICKLED BEETS BANANA	SPLIT PEA SOUP CHICKEN NUGGETS WITH PLUM SAUCE MASHED POTATO BROCCOLI SLICED PEACHES	POTATO DILL SOUP SAUSAGE ROLLS PORK GRAVY CORN NIBLETS TAPIOCA PUDDING
ALTERNATIVE CHOICES	CHICKEN SALAD SANDWICH TOSSED SALAD	GRILLED CHEESE SANDWICH SLICED TOMATOES & PICKLES	SLICED HAM MASHED POTATO GREEN BEANS	TUNA SANDWICH SLICED TOMATO & CUCUMBERS	BEANS & WEINERS DINNER ROLL	CHEF'S SALAD PLATE DINNER ROLL	EGG SALAD SANDWICH TOSSED SALAD
DINNER	CHICKEN PAPRIKASH BROAD NOODLES CALIFORNIA MIXED VEGETABLES STRAWBERRY PUDDING	FISH FILLETS JARDINIERE LEMON WEDGE POTATO POMPOMS SCANDINAVIAN MIXED VEGETABLES CUSTARD TART	ROAST BEEF HORSERADISH DUCHESS POTATOES SQUASH STRAWBERRY- RHUBARB COMPOTE	CHICKEN SCHNITZEL CRANBERRY SAUCE O'BRIEN POTATOES MIXED VEGETABLES ICED CHOCOLATE CAKE	ITALIAN BREADED VEAL CUTLET WHIPPED POTATOES PRINCE EDWARD MEDLEY RICE & RAISIN PUDDING	FARMER'S SAUSAGE & GRAVY MUSTARD BOILED PAPRIKA POTATOES STEAMED CABBAGE CHERRY CHEESECAKE	OVEN BAKED MEATLOAF WHIPPED POTATOES STEWED TOMATOES CHOCOLATE CREAM PIE
ALTERNATIVE CHOICES	SALISBURY STEAK/GRAVY CORN MASHED POTATO	VEAL CUTLET & GRAVY DICED CARROTS	PORK CUTLET PEAS & CARROTS	FARMERS SAUSAGE CORN NIBLETS	SAUSAGE ROLL PEAS	BAKED FISH LEMON WEDGE WAX BEANS	CHICKEN SCHNITZEL CRANBERRY SAUCE SQUASH